

Dr. Rick Hawks
drrickdh@gmail.com

BYU Education Week 2015

Porn Proofing Children





**Addiction
Recovery**

I've fallen
and I can't
get up!

A Fence or an Ambulance

"NEARLY ALL of today's teenagers will come in contact with pornography by the time they turn 18...The question seems to be no longer IF our children will be exposed to pornography but **WHEN** —and how they will cope."

([Healing Hidden Wounds](#), Ensign September 2014)

***"Let's Face the Facts:
...Indeed, we can expect***

many

***of our youth to be wounded (by
porn addiction) in this battle."***

[Healing Hidden Wounds](#), Ensign September 2014

Ten out of Ten children will be exposed to inappropriate sexual content.





President James E. Faust

**“Satan is
everywhere.”**

“The Great Imitator”
October 1987 Conference



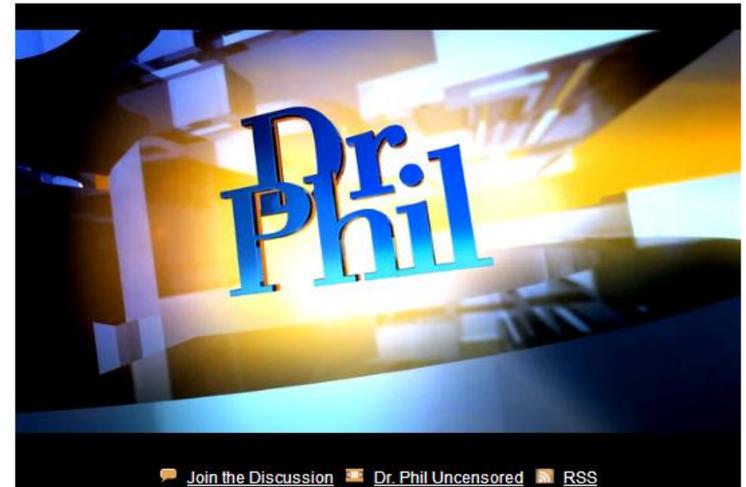
Finding Lasting Peace and Building
Eternal Families
ELDER L. TOM PERRY OCT 2014

That old enemy of all mankind has found as many devices as he can think of to scatter tares far and wide. **He has found ways to have them penetrate even the sanctity of our own homes. The wicked and worldly ways have become so widespread there seems to be no real way of weeding them out.** They come by wire and through the air into the very devices we have developed to educate and entertain us. The wheat and the tares have grown close together. **A steward managing the field must, with all his or her power, nourish that which is good and make it so strong and beautiful the tares will have no appeal either to the eye or the ear.**



Child Molester or Innocent Soldier Accused?

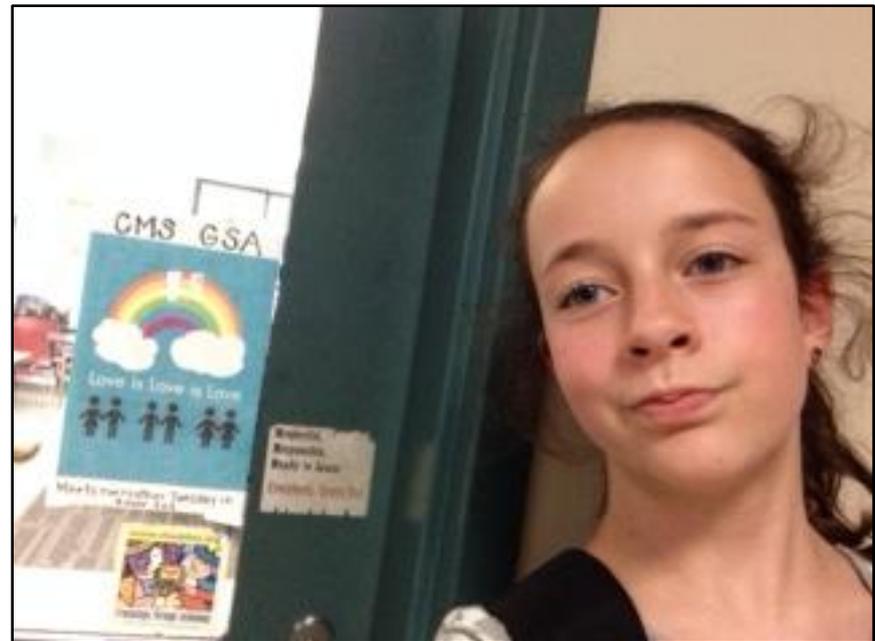
Amanda admits her marriage to her ex-husband, George — a U.S. Army veteran — was often rocky, but she says she never imagined he could harm her daughter. She says in October of 2012, her then 7-year-old daughter revealed to her that she and George had showered together. Amanda says she immediately grew suspicious and started asking her daughter questions. "I knew something was really, really wrong," she says. "That's why I took her to the police station."



Granddaughter 6th grade Boston Middle School

Love is Love is Love

Meetings every other Tuesday in room 202.



As same-sex marriage spreads, ranks of gay dads grows

For Utahns, this Father's Day is notable ahead of Supreme Court ruling

By DAVID CRARY
The Associated Press

SALT LAKE CITY — Fatherhood has been exhilarating for Weston Clark, who put aside a teaching career to be a stay-at-home dad for a 4-year-old son and 17-month-old daughter adopted by him and his husband.

Yet Clark acknowledges some unease as he looks ahead to late August, when his son starts kindergarten in Salt Lake City.

"How is that going to play out for him, the fact that he has two dads?" Clark wonders.

"The fact that his parents made a decision that already makes him stand out makes me nervous — that wasn't his choice," Clark says.

"We will fight in every way we can to make sure he's OK."



Did I tell you the story about the Deacon who had NOT been inoculated ...

The active LDS Family was court ordered to see me. Their 12 year old son was charged with a couple of felony sex charges for molesting his younger sister. During my interviews this young boy recalled his "*weird feelings*" (*sexual arousal*) started as he passed by a "*big sign*" (*Billboard*) of a woman in a sports bra measuring her breasts. He and his family passed the billboard regularly. As he experienced the new feelings of puberty he learned to masturbate on his own and became aroused by the roadside image. One thing led to another. In short, he was exposed to "*a germ*" of *Satan's misuse of sexual arousal*. He had no immunity (skills or knowledge) to deal with this *sexual message*. He got "*sick*".



Note: This young man had never seen pornography (picture of people with their clothes off), never missed church, the best kid ever ...

“We know our youth are faced with horrible, terrible temptations that would lead them astray. We must do everything we can to ...
HELP THEM BE PREPARED
to overcome those temptations...”

(Charles W. Dahlquist II, [*Four Heavenly Helps*](#), New Era August 2005)

**As we confront porn addiction, it
is critical for us to shift our focus
from**

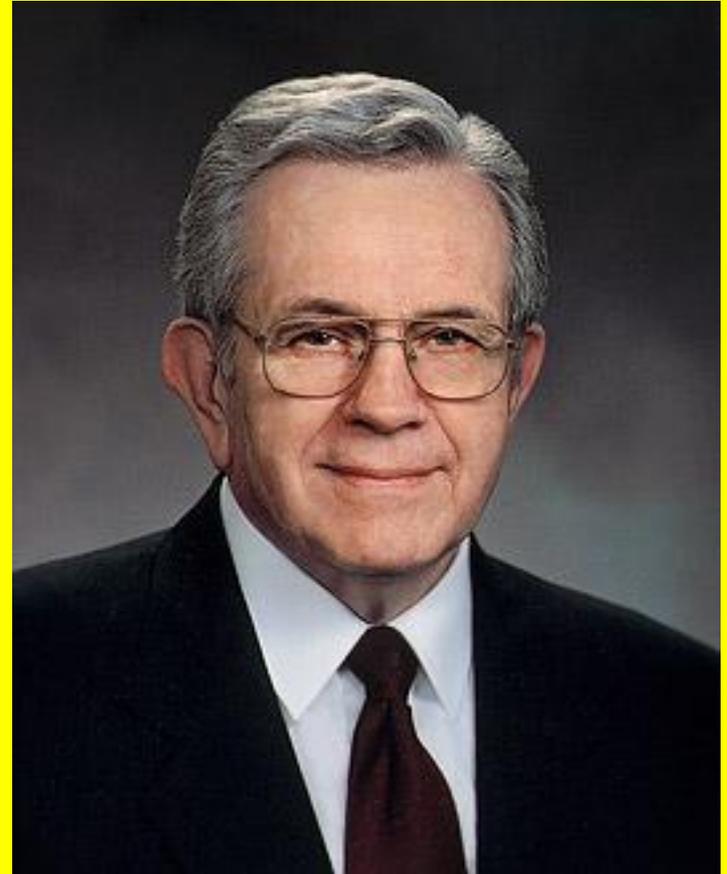
***"the ambulance of
addiction recovery"***

**to *"the fence of wellness
and prevention."***

INOCULATING against the DISEASE of porn addiction

*In our day the dreadful influence of pornography is like unto a **plague** sweeping across the world, infecting one here and one there, relentlessly trying to invade every home, ... **The effect of this plague** can be, unfortunately often is, spiritually fatal."*

Boyd K. Packer ([Cleansing the Inner Vessel](#), October 2010)



INOCULATING against the DISEASE of porn addiction



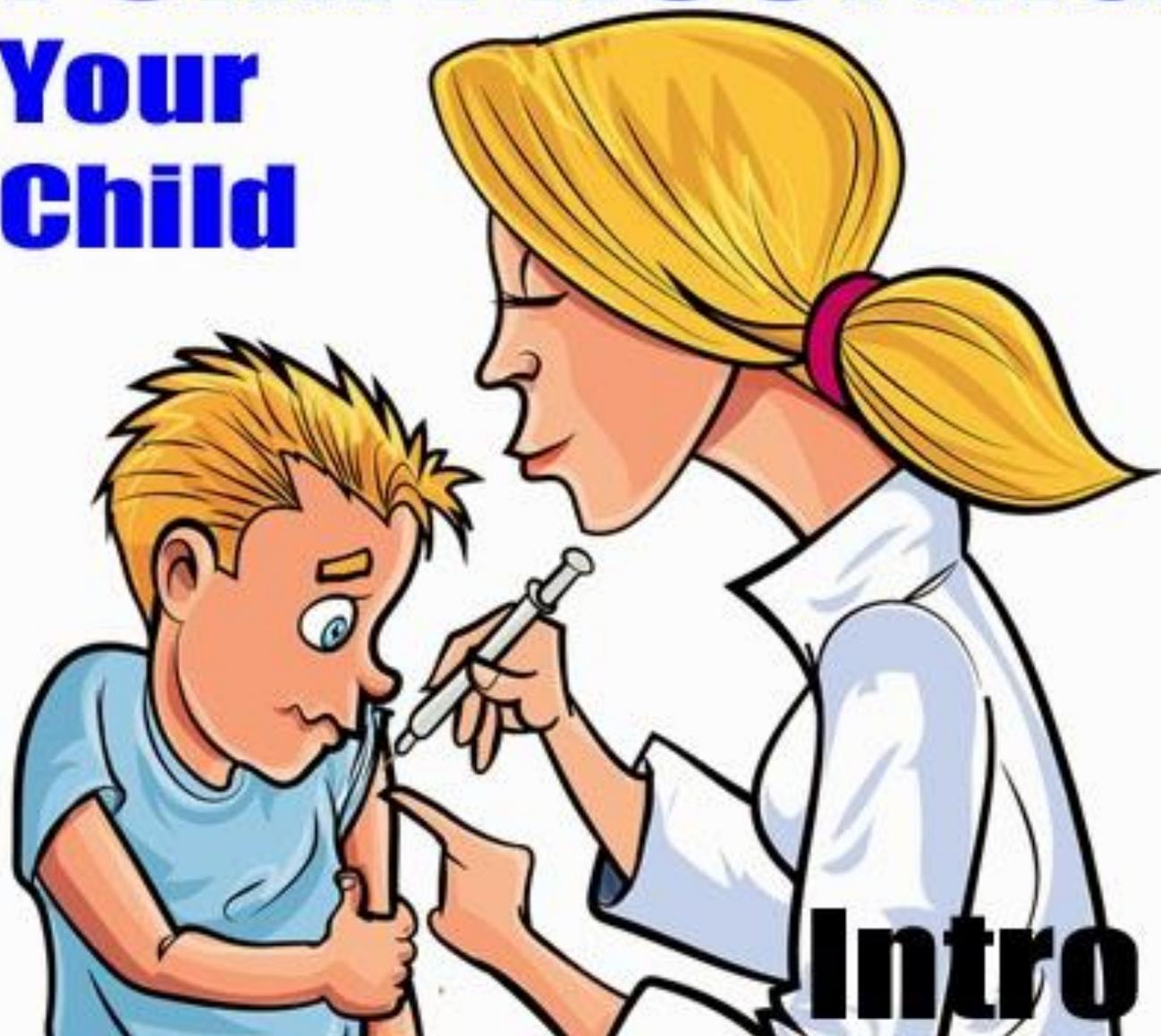
“Pornography, with its sleazy filth, sweeps over the earth like a horrible, engulfing tide. It is poison. ... It will destroy you if you do....Stay away from it.

Shun it as you would a foul disease, for it is just as deadly.”

Gordon B. Hinckley, ([Some Thoughts on Temples, Retention of Converts, and Missionary](#))

PORN PROOFING

**Your
Child**



Intro

Inoculation:

Is the act of introducing a specific booster dose of "skills and knowledge" into a young soul to produce immunity to "porn addiction". (and other inappropriate sexual behaviors.)

“Train up a child in the way he should go and when he is old, he will not depart from it.” [\(Prov. 22:6\)](#)

The "***perfect porn proofing process***"

- Identifies an ***inspired parent with common sense*** as the ***primary delivery system***.
- Relies on "***God's Truth***" about gender and sexuality.
- Includes ***current scientific research*** about sexual related topics.
- Is comprehensive in identifying the ***necessary and sufficient "skills and knowledge"***.
- Provides a ***simple, practical, and flexible curriculum*** that a average parent can teach.
- Focuses on the ***glory and beauty of virtue*** not the ***hell and ugliness of porn addiction***.

Don't Talk About These Things!

- Sexual relations
- Devil/Satan



Resources

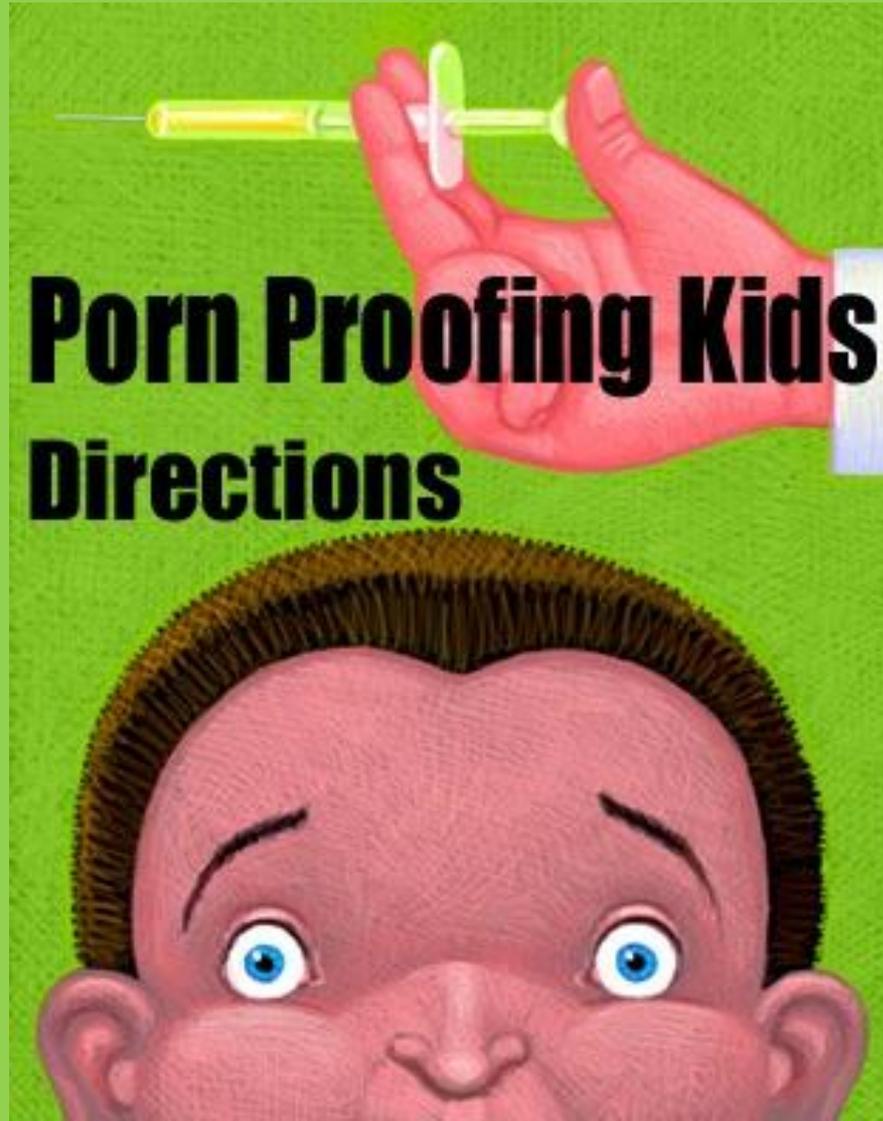
A Parent's Guide

CHAPTER	TITLE	PAGE
Entire Manual		
	Introduction	iv-3
Chapter 1	Intimacy and the Purposes of Earthly Families	4-9
Chapter 2	Principles for Teaching Children	10-17
Chapter 3	Teaching Infants and Toddlers: from Birth to Approximately Three Years	18-21
Chapter 4	Teaching Children: from Four to Eleven Years	22-33
Chapter 5	Teaching Adolescents: from Twelve to Eighteen Years	34-43
Chapter 6	Mature Intimacy: Courtship and Marriage	44-52

Pornproofingkids.com

ids.org/manual/a-parents-guide

ADMINISTERING BOOSTERS:



The Lord has placed on you as a parent the primary responsibility to teach your children. Though this is a great responsibility, it is also a divine privilege to have Heavenly Father's children entrusted to your care. One of the most important concepts that the Lord expects you to teach your children is the righteous meaning and use of intimate physical relations between a man and a woman (sexual relations). ([A Parent's Guide](#), 1985, LDS.org)

1) AS NEEDED-P.R.N.

Boosters are administered in any order, with different dosages and frequency. In today's world a 10 year old who had just been molested by an older cousin may need some very detailed information about the *Boosters: Bodies* and *Good and Evil*. On the other hand a teen who has no interest in video games, TV, or smart phones has no need for a *Screen Time Booster*. Generally, your child should receive at least one of the five *Boosters* each day! For example, one day after "Gay Marriage" is legalized in your state, you may need a frequent and high dose of the *Gender Booster*. On another day, a single small dose of the *Good and Evil Booster* is sufficient.

Caution: Too many boosters with too much information (too high of a dose)- can sexualize and overwhelm your child. For example, you could create an unnatural interest in sex too early. However, too few boosters with not enough content (too low a dose) fails to provide sufficient immunity to effectively deal with this plague.

Common sense and an inspired parent can discern when and how much is required.

Study ... evil, and
its consequences.

Brigham Young, *Discourses of Brigham Young*

Lest Satan should
get an advantage of
us: for we are not
ignorant of
his devices.

Paul 2 Cor. 2:11

No good can come
from getting close
to evil. Like playing
with fire, it is too
easy to get burned.

James E. Faust, *The Great Imitator*

The knowledge of
sin tempteth to
its commission.

Joseph F. Smith, *Gospel Doctrine*

2) START YOUNG AND NEVER STOP

Sexual messaging is everywhere...even Church. Just last Sunday my wife commented about a teen in our ward wearing a dress so short "*you could see her butt.*" Be prepared to administer a *Booster* to a toddler as well as a young adult. Boosters are administered with "*words*" or "*an example.*" **Be alert to sexual messaging on tv, video games, radio, music, billboards, advertising, Internet, etc etc - Pause the tv, video game, the conversation etc etc** and deliver the *Booster* by asking a question--*What did they just say?* Followed by *What does that mean?* Or think of your own questions.

3) BOOSTERS CAN HURT

Remember the old concept of "boosters?" You go to the doctors, expose your butt cheek, the nurse says this is going to hurt, and you get the shot. The shot hurts. How many of your kids want shots? Boosters? **Exactly NONE!** Many times this is true for administering *Porn Proofing Boosters*. Your children may NOT want to talk about it. Or become oppositional to receiving your booster etc etc - Doesn't matter. They need the boosters. (Be careful you do not become preachy and churchy in the delivery of a Booster.)

4) USE WORDS

"Words" are the "syringes" used to inject the *Booster*. (Others are delivered by your example.) If you're **not** asking questions and teaching you are **not** immunizing your child. The most powerful way to create a *Booster Discussion* is by asking *clever questions*. If you have difficulty doing this, consider the fact that you may have some personal issues to work through. You will have to learn to do hard things if you are to successfully inoculate your child.

Use Words to *Take Your Child's Temperature*.

TAKE THEIR TEMPERATURE OFTEN

How else will you know if they're sick?

Questions are the best thermometer.

First: ASK -WHAT.....? Identify a sexual message from TV, print, billboard, music, video game, cereal box, news, etc etc. Ask a what question like "*What did that message just say?*" "*What do you think that message means?*" You may add other questions like "**Why...** *would they be saying that?*" or "**Where ... did you learn that?**"

Second: SAY NOTHING (That's right shut-up): LISTEN with the intent to discern *which Booster* and how strong of *Booster Dose* your child may require.

Third: TEACH. Deliver the *Booster*. Perhaps right then and there, perhaps next week in Family Home Evening Lesson, Perhaps in a personal interview with your child.



THE BOOSTERS

Booster #1: Body

Acceptance and understanding of the divine nature of the body.

Booster #2: Gender

Acceptance and understanding of gender roles as defined by God.

Booster #3: Intimacy

Acceptance and understanding of healthy touching, affection, and sexual relations.

Booster #4: Screen Time

Acceptance and understanding of responsible use of screen time (electronic devices).

Booster #5: Good and Evil

Acceptance and understanding of the roles of Satan and God.

Booster #1: Body

Encourage youth to establish habits of good nutrition, hygiene, grooming, and exercise. Help them to accept their body's divine nature and destiny. Teach them that they are in control of who touches their bodies and how. Remind them "they are the boss of their body." Each youth goes through puberty. Begin early helping them to prepare for these predictable body changes. Teach correct names for body parts and functions. Remind youth often about the biological nature of God's sexual response and their Spirit's responsibility to manage their body's sexual response.

Booster #2: Gender

Gender focuses upon the social interaction associated with being male or female. Parents can help youth to develop a good foundation for intimacy and eventually marrying a member of the opposite sex. Teach youth to understand true principles about how a son or daughter of God should relate to others in his or her gender role. Gender roles are necessary to the eternal family, as ordained of God. Gender is an essential part of our premortal, mortal and eternal identity and purpose.

Booster #3: Intimacy

We touch people differently when being affectionate than when being courteous. A handshake may be courteous; holding hands can be affectionate. Youth need to see you being both courteous and affectionate. You can teach them how to be affectionate by hugging or giving them a gentle kiss, playing games with them, talking to and touching them gently, and telling them you love them. It is crucial that you continue the warm and loving acceptance that helped your children establish their gender identity and healthy intimacy in earlier years. Children should learn that *Natural Affection* is healthy and desirable. Give your children many direct opportunities to experience positive and caring relationships at home, church and at school. Help children express and receive appropriate positive affection with important people in their lives. Teach them that healthy intimacy leads to healthy sexuality. And that healthy sexuality is a gift from God.

Booster #4: Screen Time

When a young person receives a sexualized message it will almost always be on a screen, most likely a handheld device. Things have changed. Begin early in teaching appropriate use of screen time. Ask questions about media messaging (**Media literacy**) including books romance novels, movies, still pictures, blogs, advertisements etc etc.

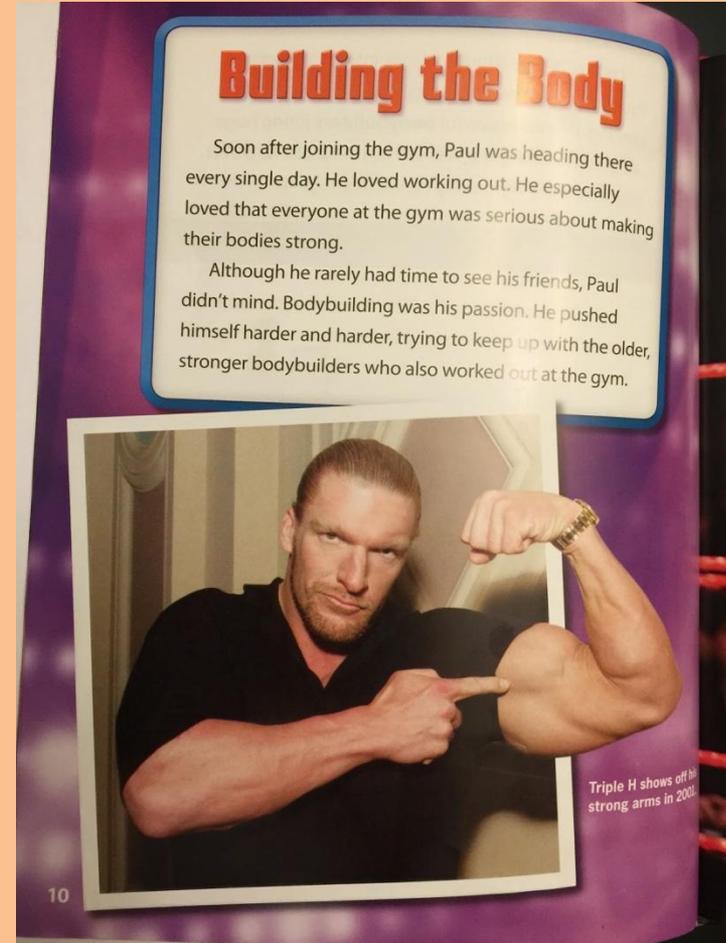
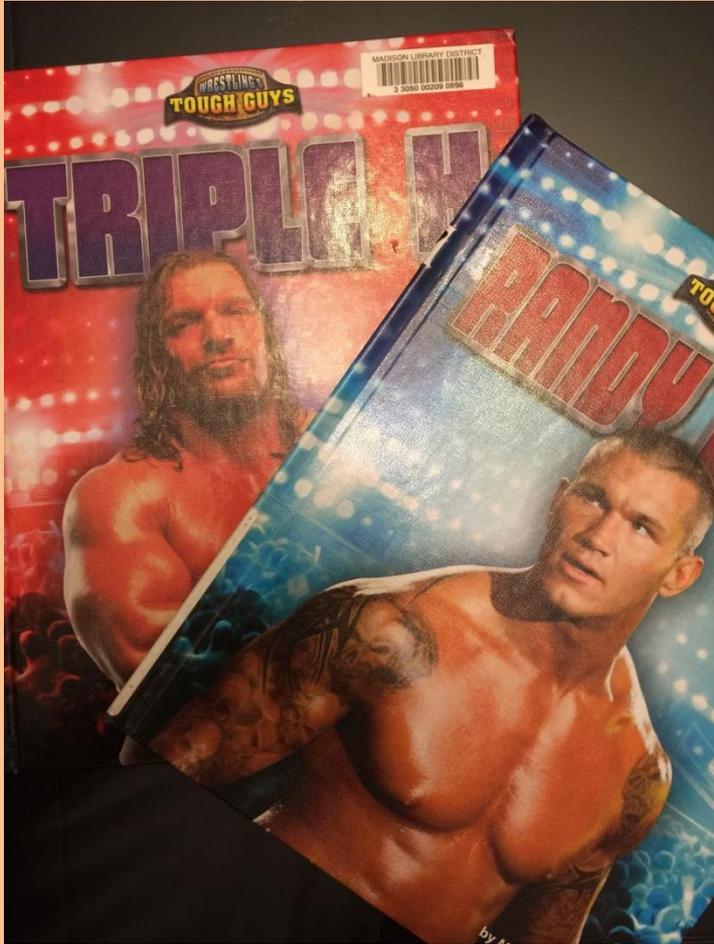
Booster #5: Good and Evil

Agency requires knowledge of Good and Evil. As it was for Adam and Eve it is for your child. Choosing good requires a knowledge of both good and evil. **No exceptions. Youth cannot exercise fully their agency unless they've been thoroughly taught about righteousness and it's consequences and about evil and it's consequences.** Most families already have resources to learn about "righteousness." Unfortunately, few have taken the time to learn about Satan and his evil strategies Satan's greatest tool is to distort and mislead a basic understanding of "good and evil." [Isaiah 5:20](#).

EXAMPLES

"Muscles and Men" and a 9-year old boy.

An example of a "Body Booster"



"Look Pa. Look at his muscles."

Take his temperature

1. ASK

I asked, *"Do you want to be like that?"* He responded *"I don't know."* I followed up with the question *"Do you think that is what a man should look like?"* He again replied *"I don't know."* Remember the important part in taking a kid temperature is asking questions. Questions will vary depending on which of the five boosters you are wanting to focus on: *Body, Gender, Intimacy, Screen time, or Good and Evil.* Other possible questions might have been, *"Jesus is a man, does he look like that?" "Is that what a good dad looks like?" "Am I bad? If I don't look like that."*

The goal is to see what if any knowledge or skills the kid might be lacking in order to later teach / administer the specific booster.

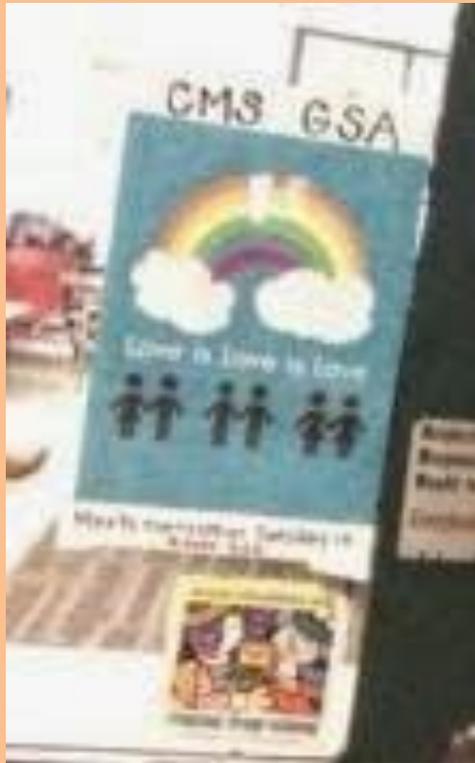
**2: SHUT-UP AND LISTEN to the his
response.**

3. DELIVER THE BOOSTER

I thought to myself this is a great opportunity to deliver a [Body Booster](#) and maybe even a [Gender Booster](#). So I asked "What do you have to do to get a strong body like that guy in the picture? He replied "Eat good food and exercise." I replied, "That's right. Our body is a Temple and we should take care of it." I added, "Do you think God wants you to eat good food and exercise?" He replied "Yes." Pointing to his picture of the muscle man, I asked, "There is another body this guy has in addition to the physical body. Do you know what it is?" He replied "No." I reminded him, "A spirit body. Remember just like a physical body you have a spiritual body. This guy has a strong physical body. How strong to you think his spiritual body is?" He replied "I don't know." Then I asked "If this muscle man wanted a strong spirit body like his strong physical body, what would he have to do?" My grandson replied "I don't know." I asked it differently "If good food and exercise make your physical body strong, what kinds of things would you have to do to make your spirit strong?" He answered, "Oh I got it... say his prayers and read his scriptures." I replied, "Exactly." I could tell from his facial expressions he was done. He went back to reading "Tough Guys" I returned to play with the grand baby.

Coming To A School Near You –LGBTQ

An example of a Gender Booster



My 12 year old granddaughter who is a 6th grader at a Boston Middle School was talking to me one day and she mentioned the "*Gay Straight Alliance*" at her school. I **asked** her to send me some pictures of this organization's school posters. She sent me these pictures of signs in her hallway-one right by the drinking fountain!

Take her temperature

1. ASK

Pa: *What does LGBTQ stand for?* Granddaughter: *Lesbian, Gay, Bisexual, Transgender, and queer.*

Pa: *How did you learn the meaning for LGBTQ?* Granddaughter: *The sign on one of my teacher's door.*

Pa: *What does lesbian mean?* Granddaughter: *Girl has a crush on another girl.*

Pa: *What does gay mean?* Granddaughter: *Overall general terms for all those LGBT ... and a boy who has sexual feelings for another boy.*

Pa: *What does bisexual mean?* Granddaughter: *Someone who like girls and boys I think.*

Pa: *What does transgender mean?* Granddaughter: *They have girl parts and boy parts. (Prompt. What do you mean?) Like their upper body is girl parts and lower body is boy parts.*

Pa: *What does queer mean?* Granddaughter: *I have no idea what queer means.*

Pa: *What are the meetings about mentioned on the sign?* Granddaughter: *"That's the **Straight Alliance** and they have meetings. They are the ones who put all the posters up at our school."*

PA: *What is **Gay Straight Alliance**?* Granddaughter: *They support gay people and what they do. I'm not sure what straight means.* PA: *What do they do at their meetings?* Granddaughter: *I don't know.*

PA: *Do you have LGBTQ people at your school?* Granddaughter: *I think multiple teachers at my school are lesbian One of the art teachers told her class "My wife is having a baby."*

PA: *What do you and your friends think about LGBTQ?* Granddaughter: *My closest friend has the same opinion as me we don't support gay marriage. But most people think its okay. I don't really know anyone that is LGBTQ.*

**2: SHUT-UP AND LISTEN to the his
response.**

3. DELIVER THE BOOSTER

Clearly I don't want to sexualized my 12-year-old granddaughter my introducing unnecessary information. For example, my granddaughter had no clue what "queer" is and an inaccurate understanding of "Transgender." At age 12 I make the decision she has no need to know. What I'm looking for now is what "Boosters" might help with her level of maturity and knowledge. If I keep the conversation up with her I will know when other boosters may be administered.

DO ADMINISTER THESE BOOSTERS

I usually call my granddaughter on Sundays. Over the past few weeks, I felt impressed to administer some basic boosters about Satan and God's view of LGBTQ and of course do some basic role playing. For me. the battle line is drawn with the family.

Resources emailed to my granddaughter. I have sent selected information to my granddaughter. From time to time we would talk about some of the topics. I believe without an understanding of Satan I cannot effectively teach her gospel principles. So I first sent her [*The Great Imitator*](#) - James Faust and a week later I sent her [*Winning the War against Evil*](#) - James J. Hamula. I had brief discussions with her about each. I then asked her to read [*The Family: Proclamation to the World*](#) asking about how does God feel about boys loving boys and girls loving girls? asking about how might Satan use beliefs like LGGTQ to get us off track from returning home to Christ? I've asked her to write a blog bringing all her ideas together concerning our LGBTQ discussions.

Pay her \$100. I reminded her that her grandmother and I would pay her \$100 **again** for memorizing *The Family: Proclamation to the World* again. *(She has done it two other years.)*(We've done this with all our children and grandchildren.)

Role playing. I like role playing because it's so practical. I've asked her to role play *What would you do if someone asked you to go to an LGBTQ meeting?* and *What would you say if someone asked you if you "liked girls?"* Once I asked her *What do you think would happen, if you asked permission from your school to put a sign promoting marriage between a man and a woman was ordained of God? Why?*

REVIEW

- Prevention is possible
- Inoculate against porn addiction like any other disease
- Five Boosters- Body, Gender, Intimacy, Screen time, and Good and Evil.
- Administer by 1) Ask 2) Shut-up 3) as a inspired parent with common sense decide upon a booster and administer it.